

## The Dolphin Within Me ©

### Suggestions for Use:

- ★ Choose a subject. Pick a card from the deck. Read the card's message and think of the lesson the card suggests to you.
- ★ Choose a subject. Pick two cards from the deck. The first card represents lessons you've already learned regarding the subject, and the second represents lessons that are on the way.
- ★ Pick three cards from the deck and arrange them in progressive order. What do the cards tell you?

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### Suggestions for Use:

(continued)

- ★ Choose a card. Use the card to send a greeting and to strengthen someone. Who, out of the people around you, would you like to give it to?
- ★ Choose a card you identify with the most. What does it tell you about yourself? Share this with your friends.
- ★ Choose a card and tell a story from your life that reflects the message in the card.
- ★ Find your own creative way to use the cards!

*Good Luck*