

Animal

Children and Animal Wisdom

Directions for working with Animal Cards kit:

Animal is a unique set of **cards** offering a new bonding between adults and the child within them. The cards are designed to liberate each hidden child's unique natural gifts from the dormancy cast upon them by adulthood, and allow these gifts to empower them in their life.

Animal Cards kit includes 63 picture cards. Each detail conveys straightforward as well as hidden meanings: the animal, the child, the manner by which they relate to each other, the shadow, the ray of light, the manner by which they relate to each other, etc. Using all of these factors, you will create the contexts pertaining to the issues of your concern.

*In the cards each child projects a ray of light from a specific location in his or her body. The ray of light stands for power, thought, feeling, action or any other symbol of your choice.

Suggestions for projective work with Animal. Cards:

- Choose a card which draws your attention. Each card features two encounters between light and shadow. Observe the encounters between the animal and the child. Tell a story about the way they relate to each other in both encounters, and create a progressive relationship between shadow and light. What lesson did the animal and child teach each other?
- Choose any issue which occupies your thoughts. Keep in mind that each card brings forth a rich world of messages. Pick 3 cards, each representing one of three stages: the problem, the solution, and the road between them. What insights does each card reveal?
- Choose any issue which occupies your thoughts. Remember that each animal teaches us a lesson in behavior, attitude or vision. Place the deck face-up or face-down, depending on your intent. Pick 3 cards and allow them to help you find out what lesson each animal can teach you regarding the issue you have chosen.
- Think about any imaginative or realistic journey you would like to take. Which 3 animals would you choose as escorts, and which 3 animals

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would you not take with you under any circumstances? Assess their traits, gifts and powers which might nourish you or block you on your journey.

- Observe the various aspects of your life. For every aspect choose an animal which represents the patterns you function by. What would you like to change? Change it by choosing a different animal.
- Observe the world around you (family, friends). For each person, including yourself, choose the animal which best represents them. Make a distinction between carnivorous and vegetarian animals, water and land dwellers, flying or non flying creatures, or any other distinction which is relevant to you. Associate the animals' gifts and traits to the people they represent, and observe the fabric of relationships you have just created.
- Empower yourself – imagine you could trade your animal for another who could help you communicate better with the other animals. Which animal would you choose, and which of its gifts would you like to own? Choose an issue which occupies your thoughts. Place the deck face-up and openly choose 4 cards. How would each animal deal with the problem, and which solution would it suggest? Which animal represents best your personal style? Which gains and losses do you experience as a result of this style, and which new response pattern would you like to adopt for yourself?

Supporting Questions

Why did the child and the animal meet? What do they say to one another? What lessons do they teach each other? Which gift of growth can they give to one another?

Animal Cards kit can be used in any creative manner. You can use the cards to diagnose others, define your own cards by yourself or choose to do so by receiving feedback. The more you use your cards the greater your creativity will be, and the better your diagnostics abilities will become.

Create your own ways of working with **Animal Cards** and share your experience in our website.

For more information visit: www.itzिकards.co.il