

Neriyah

A Feminine Journey of Lessons & Opportunities

Suggestions for projective work with Neriyah Cards kit:

- **Processes of Growth:**
Think about one aspect of your life, a certain goal or a relationship with a certain person. Place the cards face-down and intuitively draw three cards. Turn over the cards you have chosen and observe them carefully. Now arrange them in progressional order. Define what each card represents in the process. Find your location along the process's developmental axis. What are the lessons and opportunities offered by each stage?
- **Passageways:**
Place the cards face-up. Openly choose two cards which are related to periods in your life, one as a child and the other as an adult. Put them aside. Now place the rest of the cards face-down and intuitively choose one more card to represent something you wish for. Before you turn the card over, try to listen to the dialogues that develop between the child and the adult, and to the wishes that come up in those dialogues. Only then turn over the wish-card you have chosen and see how the message that this card conveys becomes a true force driving the fulfillment of your wish.
- **Periods in Life:**
Place the cards face-down and intuitively draw three

cards without seeing the pictures. Now, turn the cards over and associate each card you have chosen to a different period in your life, or a different time or place in which you encountered the context that this card brings forth. What is the progressional challenge which is manifested by these three cards? What insights can you receive upon looking at them?

- **Your Message of the Day:**
Shuffle the cards with the intent of receiving a message for this day. Draw one card intuitively, without looking at the picture. Let the card be your inspiration for this day. Discover the message it conveys, and find out towards what action or experience it is directing you.
- **Gifts:**
Place the cards face-down. Think about three people that currently mean something to you and intuitively draw three cards without looking at their pictures. Now turn the cards over and examine them. Choose one card to be presented as a gift to each person from the three you have chosen.

Neriyah cards kit can be used in any creative manner. You can use the cards to diagnose others, define your own cards by yourself or choose to do so by receiving feedback. The more you use your cards the greater your creativity will be, and the better your diagnostics abilities will become.

Create your own ways of working with **Neriyah Cards** and share your experience in our website.

For more information visit:
www.itzikcards.co.il