Nava health and wellness Ltd. - OC 513928358

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Submission Fo	rm:	URINE				
Requesting Clinic/	Doctor:					
		New Customer	or if contact in	nformation has chan	ged, please fill out the fi	elds on page 2.
Patient Name:					g, p	F9
Street:			City:			
State:	ZIP:		Country:			
Phone:			Fax:	-		
E-mail:						
— nle	ease fill out if report is	to be mailed to th	e natient (n	ease complete in	hlock canitals)	
Date of Birth:	odoc illi ode il ropore ic	to be mailed to the	Sex:	-	f Job:	
Please provide patient D	ATE OF BIRTH and SE	X for determination of				
Please specify profile type,					We cannot take responsi	bility for results if
contaminated containers w						,
Date:	F	Patient Signatui	e:			
					(please do not forg	et)
ICP-MS Spectro	oanalytical Urin	e Analysis R	equest:			
Standard Pro	file (P1)		28 Elem	nents		
Tested are the followin Aluminum, Antimony, Ar Magnesium, Manganese	senic-total, Barium, Bery	llium, Bismuth, Cad	mium, Calciur elenium, Silve	n, Chromium, Cobal er, Strontium, Thalliu	t, Copper, Germanium, m, Tin, Vanadium, Zinc	Iron, Lead, Lithium,
Nutrient and	Toxic Profile (P6)		35 Elem	nents		
Ideal for EDTA						
Tested are the followin Aluminum, Antimony, Ar Iron, Lead, Lithium, Mag Titanium, Tungsten, Ura	senic-total, Barium, Bery nesium, Manganese, Me	Ilium, Bismuth, Cad ercury, Molybdenum,				
Dental and Er	nvironmental Profi	le (P40)	34 Elem	nents		
Ideal for DMPS o	-					
Tested are the followin	•		a Casium Ch	romium Coholt Co	nnor Collium Indium I	odino Iridium
Aluminum, Arsenic-total, Lead, Manganese, Merc Uranium, Vanadium, Zin	ury, Molybdenum, Nicke					
Gold						
before chelation	= Baseline specimen		during/afte	chelation		
Additional Elements can	•					
Test material:	10-15ml Urii	ne before chelation	n = Baselin	e specimen		
	10-15ml Urii		_	er chelation		
Type of Chelation:	DMSA oral	DMSA i.v.		ZnDTPA i.v.	NaMgEDTAi.v.	NaCaEDTAi.v.
	DMPS oral	DMPS i.v.		DMPS i.v. Unithiol	EDTA oral	EDTA Supp
quantity chelating ag		_		ease list type and		
Please inform us which chel- to better validate your results		nerapy was admistered	and in which qu	anitity. Each chelator va	ries in binding capacity, this	s information helps us

Shipping Date:

Amount of detoxification treatments carried out so far:

Date of Sampling:

No

Yes

*** please turn over ***

Patient is smoker:

Symptom Codes	(list the three mai	n ones):			
1 Addiction	8 Heart Problems	15 Diabetes	22 Hypercholesterolemia	29 Leukemia	36 PMS
2 Allergies	9 Eye Problems	16 Ear Problems	23 Hypertension	30 Multiple Sclerosis	37 Prostate Problems
3 Anemia	10 Constipation	17 Epilepsy	24 Hyperthyroidism	31 Muscular Dystrophy	38 Scoliosis
4 Alopecia	11 Chronic Diarrhea	18 Fatigue	25 Hypoglycemia	32 Obesity	39 Digestive Disorder
5 Asthma	12 Cystic Fibrosis	19 Genito/Urinary	26 Hypothyroidism	33 Osteoporosis	40 Autism/Asperger
6 Arthritis	13 Depression	20 Headaches/Migraine	27 Immune Deficiency	34 Parkinson	41
7 Cancer	14 Skin problems	21 Hyperactive/Kinetic	28 Learning Disorder	35 Phlebitis	42

Before Chelation = Baseline Urine

- At least one day prior to chelation, no mineral supplements, chlorella and/or fish shall be consumed. The patient should not smoke after 10PM the night before the test. Ask to list how many cigarettes are smoked on a daily basis.
- Collect a first morning specimen into a standard urine cup.
- Use collected urine to fill the blue capped urine tube, empty tube and refill with 10 to 15ml. Do not fill tube to the rim, because change in pressure during air transportation causes overfilled tubes to leak.
- Fill out submission sheet, place urine tube in protective cover and prepare for shipping.

During Chelation - Collection protocol

- Follow steps 1 and 2 as outlined under Before Chelation (=Baseline Urine).
- Empty bladder prior to administration of chelating agent.
- After administration of chelating agent (oral, IV or IM) patient should consume no fluids other than 3 glasses of water.
- If fasting is impossible, then all foods should be documented in order to judge test results. For example, tea contains manganese, which would influence results.
- Female patients should not menstruate.
- Patient should collect urine in bladder for 2-6hrs depending on chelating agent used. Ask your doctor.
- If the patient is catheterized, the procedure is simple. Clamp the catheter and disconnect urine bag. After that 30mg/kg of DMSA or other chelating agent is administered orally with one cup water.
- If patient is capable of holding urine for the entire collection period, he may collect part of that urine in a regular urine cup.
- Transfer 10-15ml of collected urine into our metal-free urine tube (plastic not glass). Empty and refill tube. This rinsing with
 the patient's own urine, eliminates potential contamination. Contact us for test kits.
- Fill out submission sheet, place urine tube in protective cover and prepare for shipping.
- After all urine has been collected, the patient should drink plenty of water (about 2ltrs) during the remainder of the day.

Notice:

Conventional medical literature still suggests a 24hr collection. Our research data, compiled and evaluated with the help of IBCMT members, reflect that a urine collection over 8hrs provides lower urinary levels of heavy metals such as mercury. Maximum excretion levels may vary, depending on the chelating agent used. The metal binding and excretion is influenced by food, drink and smoking. Oral chelating agents should be taken on an empty stomach, with 1 cup of water. It is preferable that the patient remains fasting for 2-4 hours after the intake of the oral chelator.

Urine cup
Fill in
•
2.
•
Mark tube
•
Place tube into
protective case
•
Fill out
Submisson Form
Stamp and send both to TMI
Fig. 1. (200 m) (200

Send Report to:	Doctor		Patient	both	addresses (\$ 5.95 surcharge)		
Send Report via:	Post	E-Mail	Fax				
	Single Report		Comparison Re	port Previous R	revious Report		
New Customer or if co	ontact inform	ation has cha	nged,	or	Clinic/Doctor Stamp		
Address:							
Phone:				_			
Fax:				-			
E-mail:				-			
				-			