



Nava Health & Wellness Ltd.

State of the art laboratory services for the detection
of heavy metals and essential minerals through hair and nails



**Did You
Know**



90% of the world's population suffers from chronic headaches

66% of men and **38%** of women suffer from hair loss

10-15% of children suffer from Attention Deficit Disorder

4% of the total population suffers from depression

Would you like to upgrade the quality of your life?



Did You Know



Lead - toxic metal penetrates our bodies from automobile pollution, by swallowing or licking cheap toys from china, lipsticks from cheap companies contain lead, drinking tap water that also contains lead and painters or people that work with paint and glue.

It causes Attention Deficit Disorders (ADD), ADHD, migraines, neurological problems and anxiety.

Cadmium - toxic metal penetrates our bodies through cigarette smoke, eating root vegetables and sea food. It causes high blood pressure, metabolic problems, breathing problems and coughs.

Mercury - toxic metal penetrates our body through inhalation from different sources eating fish and dental fillings. Causes damage to the nervous and urinary systems. A prolonged exposure will cause digestive problems, ADD, ADHD, light memory problems all the way to Alzheimer's, chronic fatigue syndrome and more.

Nickel - toxic metal. Sources are: nickel-cadmium batteries, jewellery, and smoking. Cigarettes are one of the main sources and off course they can also promote cancer. Other sources are cooking pots that contain nickel-chrome, stainless steel and dental plates. It causes skin problems: eczema, skin infections and psoriasis.

Copper - an essential mineral, when taken in excess it indicates that the liver can't secrete it properly and it causes chronic headaches.

What is the benefit of hair and nail analysis for heavy metals and minerals?

Treatment of chronic conditions and diseases

The hair analysis provides a breakthrough for the person suffering from chronic illness, which has already been tested by conventional medicine and looking for different approaches to treat health conditions such as: headaches, chronic migraines, depression, anxiety, memory problems, Alzheimer's tendencies and Attention Deficit Disorder. Heavy metals poison the body and effect absorption of essential minerals and nutrients and, therefore, cause a variety of health problems.

Preventative medicine

We can find out which heavy metals have been absorbed in our bodies without our knowledge and we didn't realize that they poison our body. The source of those heavy metals is in our water that our children and we drink, in toys, lipsticks, jewellery, dental fillings and more. After receiving the results of the hair analysis we will understand what is damaging our bodies and what those toxins are. We will also learn how to improve our lifestyle by minimising the consumption of and exposure to those toxins and also we will detoxify our bodies by using homeopathy.

Upgrading our quality of life

- + The hair analysis will help us choose a nutrition plan is the optimal and specific for us.
- + The hair analysis will help us understand if we suffer from absorption problem.
- + It will help us understand hypoglycemia.
- + It will help us understand why we suffer low energy and fatigue.
- + It will check the level of our antioxidants.
- + It will find out if we have neurological deficiencies.
- + It will help us understand the source for infections and bodily lesions.





Hair and nail test for the detection of heavy metals and essential minerals

The science at the tip of your hair...

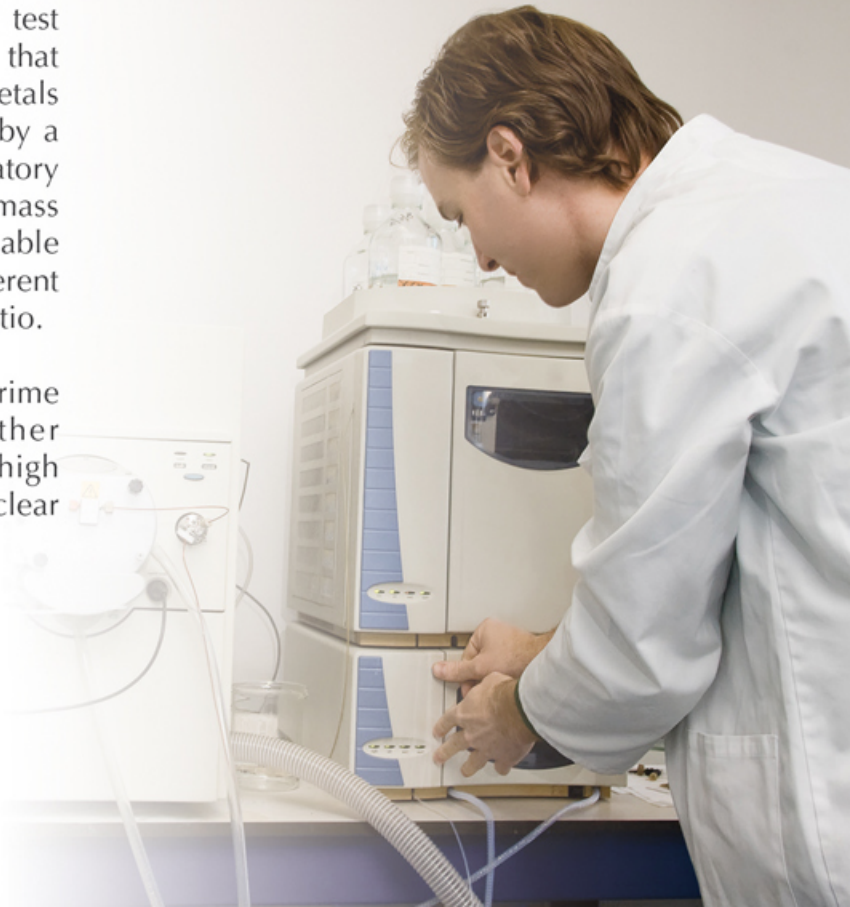
What is hair analysis?

Hair analysis is a scientific test performed in certified laboratories that perform chemical analysis by using state of the art technology; with them they can measure different concentrations of elements. The hair analysis provides an analysis of 34 elements such as: heavy metals, essential minerals, trace minerals and dangerous drugs. The test is scientifically deciphered by the laboratory staff.

The technology

The hair and nail analysis is a scientific test that provide analysis of 34 elements that include, minerals, trace minerals, soft metals and heavy metals. The test is performed by a mass spectrometer ICP/MS. It is a laboratory device that measures the ratio between mass and charged particles. The technology is able to analyze different samples from different sources and determine their nature and ratio.

The technology is also being used in crime labs, geological institutes and other establishments. The technology is of high importance in analytical chemistry, nuclear physics, biology and more.



The results

- The results of the hair and nail analysis are in PPM (parts per million) and demonstrate the excess and deficiencies of 34 elements that include minerals and heavy metals.
- The results will be analyzed by the experts of **NAVA health & wellness Ltd** which is headed up by Nava Buim a Naturopathic doctor and hair analysis expert for the past 16 years in cooperation with the Micro Trace Minerals Company from Germany that is headed by biologists, chemists and doctors.

After we receive the results you get:

- + Translation of the results.
- + Naturopathic treatment strategy.
- + Referrals to other doctors if necessary.
- + Detox by using natural products.
- + An ongoing support by the staff of **NAVA health & wellness Ltd.**

Additional test in the series

Hair and nails - 52 elements

An expansion of the standard test that provides additional information on rare minerals and trace minerals.

Hair analysis for animals

Designed for horses, cats and dogs, the test aids veterinarians get additional view of the health of the animal.

Hair drug test

Provides an extensive analysis of 6 drugs simultaneously with usage time of three months previous, defines the level of the user: light, moderate and daily. The test is recommended for parents and children and investigative offices and places of work.





Nava Buium C.E.O

Nava Health and Wellness, Ltd. engages in the research and development of food supplements and cosmetic products. The company is a concessionaire with exclusive representation in Israel for a number of laboratories offering unique lab testing services, including hair tests for the detection of minerals, heavy metals and dangerous drug levels.

Nava Health and Wellness, Ltd. is comprised of experts in the fields of western and Chinese herbology, who have studied medicinal herbs in Israel, China and the USA. The CEO of the company is Mrs. Nava Buium N.D C.Aa, a naturopathic expert who treats using Chinese and homeopathic medicine, and who has extensive experience in the development of food supplements and medicinal herbs, for patients and companies in Israel and across the world.

Our personal philosophy is that the best interests of the patient are of highest priority, and therefore we have invested the utmost effort to supply products with a supremely high concentration of materials that are clean of heavy metals and that continuously undergo the strictest lab testing in the world.

In addition, a strong emphasis has been placed on the selection of quality raw materials imported from all over the world. We work with top quality suppliers, to supply finished products that comply with the highest standards in the market, namely the meticulously strict GMP and ISO, our products are under the supervision of the Ministry of Health and the Chief Rabbinate.

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